



**Carl Junction
Girl's Summer Weights
Calendar
2025**



JUNE

06/25

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	NOTES
1	2	3 Weights 7:30-9:00	4 Weights 7:30-9:00	5 Weights 7:30-9:00	6	7	Coach Webb's Contact Information Email: bwebb@cjr1.org Phone: 4174378398 High School Weights June & July 7:30-8:30 Jr. High Weights June Only 8:00-9:00
8	9	10 Weights 7:30-9:00	11 Weights 7:30-9:00	12 Weights 7:30-9:00	13	14	
15	16	17 Weights 7:30-9:00	18 Weights 7:30-9:00	19 Weights 7:30-9:00	20	21	
22	23	24 Weights 7:30-9:00	25 Weights 7:30-9:00	26 Weights 7:30-9:00	27	28	
29	30						

← **DEAD WEEK** →



JULY

07/25

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	NOTES
		1	2	3	4	5	Coach Webb's Contact Information Email: bwebb@cjr1.org Phone: 4174378398 High School Weights 7:30-8:30
6	7	8 Weights 7:30-8:30	9 Weights 7:30-8:30	10 Weights 7:30-8:30	11	12	
13	14	15 Weights 7:30-8:30	16 Weights 7:30-8:30	17 Weights 7:30-8:30	18	19	
20	21	22 Weights 7:30-8:30	23 Weights 7:30-8:30	24 Weights 7:30-8:30	25	26	
27	28	29	30	31			